Name			tember:	2020	Class Temple Grafton Primary School
					•
		ch day a meal is required and circle main meal and			
against opt Dessert –	tion on Opt 2	<u>PR Salad</u> - Options are listed at the beginning of each we day required. - Please choose either Yoghurt OR Fresh Fruit. If no des	ssert opt	ion is	chosen, a raisin and pumpkin seed pot will be offered.
		n also be chosen as an alternative complete meal option – nd a Piece of Fruit. Please mark 'Packed Lunch' along with			
WEEK 1 -	week l	Deginning MON 31 st AUG 20 M1 Jacket Potato OR Salad options:- baked beans (B) or tuna & sweetcorn (T) or cheese & ham (ChH) or chicken mayonnaise (ChMa)	WEEK 2	<u>2</u> - we	Ek beginning MON 7 th SEPT 20 M2 Jacket Potato OR Salad options:- sausage & beans (SB) or tuna mayonnaise (T) or cheese & bacon (ChBa) or cheese (Ch)
Mon 31 st		Chicken Balti & Rice with Naan Bread Vegetarian Mushroom & Garlic Pasta with Crusty Bread Jacket Potato OR Salad - With: B or T or Chill or Chill or Chill or Chill or Sponge Cake Sponge Cake Yoghurt OR Fresh Fruit	Mon 7 th		Savoury Beef Mince with Pasta & Crusty Bread Pasta in a Tomato & Basil Sauce with Quorn Mince & Crusty Bread Jacket Potato OR Salad - With:- SB or T or ChBa or Ch Dessert options Fruit Crumble & Custard Yoghurt OR Fresh Fruit
Tue 1 st	 -	Sausage, Yerkshire Pudding & Baked Beans Quern Sausage, Yerkshire Pudding & Baked Beans Jacket Potato OR Salad With:- B or T or Chill or ChMa Dessert options Checolate Crunch & Pink Custard Yeghurt OR Fresh Fruit	Tue 8 th		Roast Pork & Apple Sauce, Roast Potatoes, Medley of Fresh Vegetables & Gravy Vegetarian Sausages with Fried Onions, Roast Potatoes, Fresh Vegetables & Gravy Jacket Potato OR Salad - With:- SB or T or ChBa or Ch Dessert options
Wed 2 nd		 Roast Turkey, Roast Potatoes, Seasonal Vegetables & Gravy Quorn Pieces with Roast Potatoes & Seasonal Vegetables Jacket Potato OR Salad - With:- B or T or ChH or ChMa <u>Dessert options</u> Butterscotch Toffee Fudge Cheesecake Yoghurt OR Fresh Fruit 	Wed 9 th		Cake Yoghurt OR Fresh Fruit Chicken Curry with Rice Cheese & Tomato Pizza with Baked Beans Jacket Potato OR Salad - With:- SB or T or ChBa or Ch Dessert options Chocolate Cracknell
Thurs 3 rd		 Beef Spaghetti Bolognese & Garlic Bread Vegetarian Bolognese, Spaghetti & Garlic Bread Jacket Potato OR Salad - With:- B or T or ChH or ChMa Dessert options Black Forest Sponge & Cream Yoghurt OR Fresh Fruit 	Thurs 10 th		Yoghurt OR Fresh Fruit Fishcake, Jacket Wedges & Spaghetti Hoops Hot Filled Wrap with Chicken Tikka Jacket Potato OR Salad - With:- SB or T or ChBa or Ch Dessert options
Fri 4 th		 Fish Finger & Mash Potato with Carrots & Peas Vegetable Tikka Masala with Savoury Rice Jacket Potato OR Salad - With:- B or T or ChH or ChMa Dessert options Raspberry Delight Pudding Yoghurt OR Fresh Fruit 	Fri 11 th		 Jelly Yoghurt OR Fresh Fruit Cottage Pie (Beef) with Medley of Vegetables & Gravy Cheesy Quorn Pie with Vegetables & Gravy Jacket Potato OR Salad - With:- SB or T or ChBa or Ch Dessert options Chocolate Chip Shortbread Yoghurt OR Fresh Fruit
Weekly Tota	I	€	Weekly To	tal	€
WEEK 3 -	week	beginning MON 14 th SEPT 20 M3	WEEK 4	- we	ek beginning <u>MON 21st SEPT 20</u> M4
		<u>Jacket Potato OR Salad options</u> :- tuna & cheese (T) or baked beans (B) or chicken tikka (Tikka) or cheese (Ch)			<u>Jacket Potato OR Salad options</u> :- cheese & baked beans (ChB) or tuna mayonnaise (T) or chilli (Chilli) or chicken & sweetcorn mayonnaise (ChSw)
Mon 14 th		Beef Chilli Con Carne with Rice Macaroni & Broccoli Cheese with Crusty Bread Jacket Potato OR Salad - With:- T or B or Tikka or Ch Dessert options Coffee Cake with Vanilla Sauce Yoghurt OR Fresh Fruit	Mon 21st		Cumberland Pie with Peas & Sweetcorn & Gravy Cheesy Quorn Sausage and Bean Pie Jacket Potato OR Salad - With:- ChB or T or Chilli or ChSw Dessert options Sponge & Custard Yoghurt OR Fresh Fruit
Tue 15 th		 Sausages with Creamed Potato & Spaghetti Rings Roasted Vegetable Lasagne with Garlic Bread Jacket Potato OR Salad - With:- T or B or Tikka or Ch Dessert options Brownie Yoghurt OR Fresh Fruit 	Tue 22 nd		Roast Turkey & Stuffing, Roast Potatoes, Seasonal Vegetables & Gravy Broccoli & Cauliflower Cream Cheese Bake, Roast Potatoes, Seasonal Vegetables & Gravy Jacket Potato OR Salad - With:- ChB or T or Chilli or ChSw Dessert options Cookie
Wed 16 th		 Chicken & Bacon Pasta Bake with Crusty Bread Quorn Pieces in a Bolognese Sauce with Pasta & Crusty Bread Jacket Potato OR Salad - With:- T or B or Tikka or Ch Dessert options Jelly Yoghurt OR Fresh Fruit 	Wed 23 rd		 Yoghurt OR Fresh Fruit Beef Burger in a bap with Salad Fishcake, Jacket Wedges & Baked Beans Jacket Potato OR Salad - With:- ChB or T or Chilli or ChSw Dessert options
Thurs 17 th		 Roast Beef with Yorkshire Pudding, Roast Potatoes, Medley of Fresh Vegetables & Gravy Cauliflower Cheese with Roast Potatoes, Medley of Fresh Vegetables & Gravy Jacket Potato OR Salad - With:- T or B or Tikka or Ch Dessert options Rock Cake Yoghurt OR Fresh Fruit 	Thurs 24 th		 Fudge Fingers Yoghurt OR Fresh Fruit Beef Curry with Rice & Naan Bread Penne Pasta Quorn Bolognese & Crusty Bread Jacket Potato OR Salad - With:- ChB or T or Chilli or ChSw Dessert options Mousse Yoghurt OR Fresh Fruit
Fri 18 th		 Beef Lasagne with Garlic Bread & Salad Quorn Burger & Tomato Sauce in a Bap with Salad Jacket Potato OR Salad - With:- T or B or Tikka or Ch Dessert options Strawberry Mousse Sundae Yoghurt OR Fresh Fruit 	Fri 25 th		Shepherds Pie with Medley of Vegetables & Gravy Vegetarian Pie with Baked Beans Jacket Potato - Filling choice:- ChB or T or Chilli or ChSw <u>Dessert options</u> Orange Drizzle Cake & Cream Yoghurt OR Fresh Fruit

Weekly Total £....

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Weekly Total

Name:		
	week beginning <u>MON 28th SEPT 20</u>	M1 WEEK 6 - week beginning MON 5^{th} OCT 20 M2
	Jacket Potato OR Salad options: - baked beans (B) or tuna & swee	
Mon 28 th	or cheese & ham (ChH) or chicken mayonnaise (ChMa) Chicken Balti & Rice with Naan Bread Vegetarian Mushroom & Garlic Pasta with Crusty Bread Jacket Potato OR Salad - With:- B or T or ChH or ChMa Dessert options	mayonnaise (T) or cheese & bacon (ChBa) or cheese (Ch) Mon 5 th • Savoury Beef Mince with Pasta & Crusty Bread • Pasta in a Tomato & Basil Sauce with Quorn Mince & Crusty Bread • Jacket Potato OR Salad - With:- SB or T or ChBa or Ch <u>Dessert options</u>
Tue 29 th	 Sponge Cake Yoghurt OR Fresh Fruit Sausage, Yorkshire Pudding & Baked Beans Quorn Sausage, Yorkshire Pudding & Baked Beans Jacket Potato OR Salad - With:- B or T or ChH or ChMa Dessert options Chocolate Crunch & Pink Custard 	 Fruit Crumble & Custard Yoghurt OR Fresh Fruit Tue 6th Roast Pork & Apple Sauce, Roast Potatoes, Medley of Fresh Vegetables & Gravy Vegetarian Sausages with Fried Onions, Roast Potatoes, Fresh Vegetables & Gravy Jacket Potato OR Salad - With: SB or T or ChBa or Ch
Wed 30 th	 Yoghurt OR Fresh Fruit Roast Turkey, Roast Potatoes, Seasonal Vegetables & Gravy Quorn Pieces with Roast Potatoes & Seasonal Vegetables Jacket Potato OR Salad - With:- B or T or ChH or ChMa <u>Dessert options</u> Butterscotch Toffee Fudge Cheesecake Yoghurt OR Fresh Fruit 	Dessert options Cake Yoghurt OR Fresh Fruit Wed 7 th Chicken Curry with Rice Cheese & Tomato Pizza with Baked Beans Jacket Potato OR Salad - With:- SB or T or ChBa or Ch Dessert options
Thurs 1 ^{s†}	 Beef Spaghetti Bolognese & Garlic Bread Vegetarian Bolognese, Spaghetti & Garlic Bread Jacket Potato OR Salad - With:- B or T or ChH or ChMa <u>Dessert options</u> Black Forest Sponge & Cream Yoghurt OR Fresh Fruit 	Chocolate Cracknell Yoghurt OR Fresh Fruit Thurs 8 th Fishcake, Jacket Wedges & Spaghetti Hoops Hot Filled Wrap with Chicken Tikka Jacket Potato OR Salad - With:- SB or T or ChBa or Ch Dessert options Jelly
Fri 2 nd	 Fish Finger & Mash Potato with Carrots & Peas Vegetable Tikka Masala with Savoury Rice Jacket Potato OR Salad - With:- B or T or ChH or ChMa Dessert options Raspberry Delight Pudding Yoghurt OR Fresh Fruit 	Yoghurt OR Fresh Fruit Fri 9th Cottage Pie (Beef) with Medley of Vegetables & Gravy Cheesy Quorn Pie with Vegetables & Gravy Jacket Potato OR Salad - With:- SB or T or ChBa or Ch Dessert options Chocolate Chip Shortbread Yoghurt OR Fresh Fruit
M/ dd Ta		Weekly Total f
Weekly Tota	· week beginning MON 12 th OCT 20	M3 WEEK 8 - week beginning MON 19 th OCT 20 M4
WLLK 7	Jacket Potato OR Salad options: - tuna & cheese (T) or baked beachicken tikka (Tikka) or cheese (Ch)	
Mon 12 th	 Beef Chilli Con Carne with Rice Macaroni & Broccoli Cheese with Crusty Bread Jacket Potato OR Salad - With:- T or B or Tikka or Ch <u>Dessert options</u> Coffee Cake with Vanilla Sauce Yoghurt OR Fresh Fruit 	Mon 19th Cumberland Pie with Peas & Sweetcorn & Gravy Cheesy Quorn Sausage and Bean Pie Jacket Potato OR Salad - With:- ChB or T or Chilli or ChSw Dessert options Sponge & Custard Yoghurt OR Fresh Fruit
Tue 13 th	 Sausages with Creamed Potato & Spaghetti Rings Roasted Vegetable Lasagne with Garlic Bread Jacket Potato OR Salad - With:- T or B or Tikka or Ch Dessert options Brownie Yoghurt OR Fresh Fruit 	Tue 20 th Roast Turkey & Stuffing, Roast Potatoes, Seasonal Vegetables & Gravy Broccoli & Cauliflower Cream Cheese Bake, Roast Potatoes, Seasonal Vegetables & Gravy Jacket Potato OR Salad - With:- ChB or T or Chilli or ChSw Dessert options Cookie
Wed 14 th	 Chicken & Bacon Pasta Bake with Crusty Bread Quorn Pieces in a Bolognese Sauce with Pasta & Crusty Bread Jacket Potato OR Salad - With:- T or B or Tikka or Ch Dessert options Jelly Yoghurt OR Fresh Fruit 	Yoghurt OR Fresh Fruit
Thurs 15 th	 Roast Beef with Yorkshire Pudding, Roast Potatoes, Medley of Vegetables & Gravy Cauliflower Cheese with Roast Potatoes, Medley of Fresh Ve & Gravy Jacket Potato OR Salad - With:- T or B or Tikka or Ch Dessert options Rock Cake Yoghurt OR Fresh Fruit 	of Fresh • Yoghurt OR Fresh Fruit
Fri 16 th	 Beef Lasagne with Garlic Bread & Salad Quorn Burger & Tomato Sauce in a Bap with Salad Jacket Potato OR Salad - With:- T or B or Tikka or Ch	Fri 23 rd Shepherds Pie with Medley of Vegetables & Gravy Vegetarian Pie with Baked Beans Jacket Potato - Filling choice:- ChB or T or Chilli or ChSw <u>Dessert options</u> Orange Drizzle Cake & Cream Yoghurt OR Fresh Fruit
Weekly Tota	.l €	Weekly Total f

Please return your order to Temple Grafton Primary School <u>no later</u> than <u>FRIDAY 10^{th} JULY 2020</u> (An additional £2.00 administration fee will be charged for any menus returned after this date)

Payment by direct transfer using the TBC Office Reference or payment by credit/debit card by calling the office on 01789 764519 should also be received by the above date. Thank You

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