

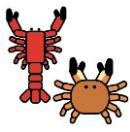
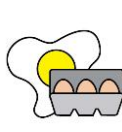
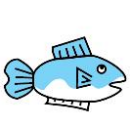













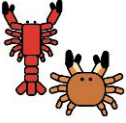
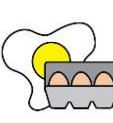
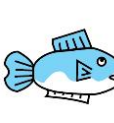
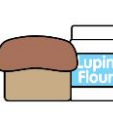








DISHES AND THEIR ALLERGEN CONTENT – SCHOOLS – SPRING TERM

DISHES														
Menu 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sausage		✓												✓
Cheese & Potato Pie							✓							
Spaghetti Bolognese	✓	✓												
Quorn Spaghetti Bolognese	✓	✓												
Roast Turkey														
Quorn Sausage				✓									✓	
Fish Fingers & Herby Potatoes		✓			✓									
Chicken Tikka Wrap		✓							✓					
Beef Lasagne	✓	✓		✓			✓		✓				✓	
Quorn Burger		✓		✓			✓							

Review date:

Reviewed by:



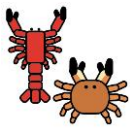
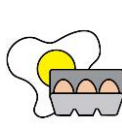
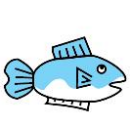







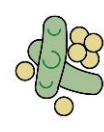

DISHES AND THEIR ALLERGEN CONTENT – SCHOOLS - SPRING TERM

DISHES														
Menu 2	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Balti									✓					
Cheesy Fisherman's Pie	✓			✓	✓		✓		✓				✓	
Roast Pork														
Vegetarian Hotpot														
Beef Burger in a Bap		✓												
Macaroni & Broccoli Cheese	✓	✓		✓			✓		✓				✓	
Cottage Pie							✓							
Quorn, Mushroom & Garlic Pasta	✓	✓		✓			✓		✓				✓	
Fishcake & Jacket Wedges		✓			✓				✓					
Vegetable Tikka Masala							✓		✓					

Review date:

Reviewed by:



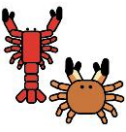
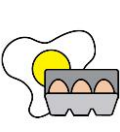
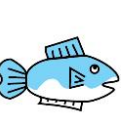




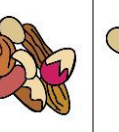

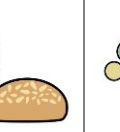
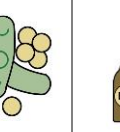

DISHES AND THEIR ALLERGEN CONTENT – SCHOOLS - SPRING TERM

DISHES														
Menu 3	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef Chilli Con Carne														
Vegetable Lasagne	✓	✓		✓			✓		✓				✓	
Tuna & Broccoli Macaroni Bake	✓	✓		✓	✓		✓		✓				✓	
Cheese & Ham Pizza		✓					✓							
Shepherds Pie							✓							
Quorn Sausage & Cheesy Mash		✓		✓			✓						✓	
Roast Beef														
Cauliflower & Broccoli Bake	✓			✓			✓		✓				✓	
Minced Beef & Vegetable Pie, Herby Potatoes		✓					✓							
Cheesy Quorn Mince & Veg Bake & Herby Potatoes		✓					✓						✓	

Review date:

Reviewed by:



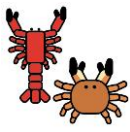
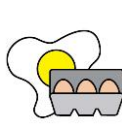
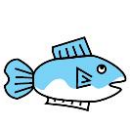







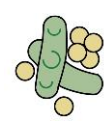

DISHES AND THEIR ALLERGEN CONTENT – SCHOOLS - SPRING TERM

DISHES														
Menu 4	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sausages		✓												✓
Quorn Sausage		✓		✓			✓							
Beef Curry & Rice		✓		✓			✓							
Cheesy Tuna & Sweetcorn Pasta Bake	✓	✓		✓	✓		✓		✓				✓	
Roast Turkey														
Quorn Pieces In Tomato Sauce				✓									✓	
Savoury Mince														
Sausage Roll		✓		✓										
Chicken, Mushroom & Garlic Pasta	✓	✓		✓			✓		✓				✓	
Sweet Potato Balti & Rice									✓					

Review date:

Reviewed by:



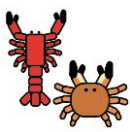
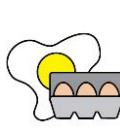
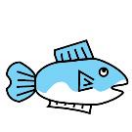







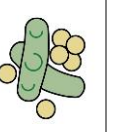

DISHES AND THEIR ALLERGEN CONTENT – SCHOOLS - SPRING TERM

DISHES														
GENERAL	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Rice														
Naan Bread		✓				✓	✓							
Yorkshire Pudding		✓		✓		✓	✓							
Baked Beans														
Spaghetti Hoops		✓												
Vegetables														
Gravy														
Mashed Potato														
Garlic Bread		✓					✓							
Crusty Bread		✓												
Pasta		✓												

Review date:

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DISHES AND THEIR ALLERGEN CONTENT – SCHOOLS - SPRING TERM

DISHES														
DESSERT WK 1 & 2	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Raspberry Yoghurt Sponge & Raspberry Sauce		✓		✓			✓							
Yoghurt							✓							
Apple Upside Down Pudding & Custard		✓		✓										
Vanilla Shortbread		✓												
Black Forest Trifle							✓							
Carrot Cake		✓		✓			✓						✓	
Fruit Crumble & Custard		✓					✓							
Raspberry Buns		✓		✓										
Iced Sponge Cake		✓		✓										
Strawberry Milkshake & Chocolate Cookie		✓		✓			✓							
Jelly														

Review date:

Reviewed by:

DISHES AND THEIR ALLERGEN CONTENT – SCHOOLS - SPRING TERM

DISHES														
DESSERT WK 3 & 4	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Hot Lemon Curd Sponge & Custard		✓		✓			✓							
Mississippi Mud Pie		✓					✓							
Yoghurt							✓							
Strawberry & White Chocolate Sponge & Vanilla Sauce		✓		✓			✓							
Cookie		✓		✓			✓							
Wellington Fudge Pudding & Cream		✓		✓			✓							
Chocolate Crunch & Pink Custard				✓			✓							
Toffee Apple Pudding & Custard		✓		✓			✓							
Ginger & Strawberry Cheesecake		✓					✓							
Brownie		✓		✓			✓							
Rainbow Cake & Strawberry Sauce		✓		✓										

Review date:

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