

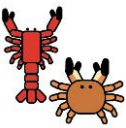
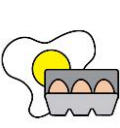



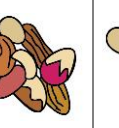
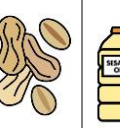


DISHES AND THEIR ALLERGEN CONTENT – SCHOOLS - AUTUMN TERM

DISHES														
Menu 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Balti									✓					
Vegetarian Mushroom & Garlic Pasta	✓	✓		✓			✓		✓				✓	
Sausage		✓												✓
Quorn Sausage		✓		✓			✓							
Roast Turkey														
Quorn Pieces				✓									✓	
Spaghetti Bolognese	✓	✓												
Vegetarian Spaghetti Bolognese	✓	✓		✓										
Fish Fingers		✓			✓									
Vegetable Tikka Masala							✓		✓					

Review date:

Reviewed by:

DISHES AND THEIR ALLERGEN CONTENT – SCHOOLS - AUTUMN TERM

DISHES														
Menu 2	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Savoury Mince & Pasta		✓												
Pasta in Tomato & Basil Sauce with Quorn Mince		✓		✓										
Vegetarian Sausage		✓		✓			✓							
Chicken Curry		✓		✓			✓							
Cheese & Tomato Pizza		✓					✓							
Fishcake		✓			✓				✓					
Vegetable Pasta & Tomato Sauce		✓												
Cottage Pie							✓							
Cheesy Quorn Pie		✓		✓			✓						✓	

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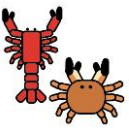
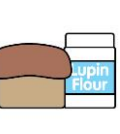

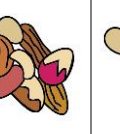
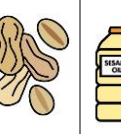
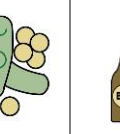

DISHES AND THEIR ALLERGEN CONTENT – SCHOOLS - AUTUMN TERM

DISHES														
Menu 3	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chilli Con Carne														
Macaroni Broccoli Cheese	✓	✓		✓			✓		✓				✓	
Sausage		✓												✓
Roasted Vegetable Lasagne	✓	✓		✓			✓		✓				✓	
Chicken & Bacon Pasta Bake (White Sauce)	✓	✓		✓			✓		✓				✓	
Quorn Pieces & Bolognese Pasta	✓	✓		✓										
Cauliflower Cheese	✓			✓			✓		✓				✓	
Lasagne	✓	✓		✓			✓		✓				✓	
Quorn Burger Tomato Sauce & Jacket Wedges		✓		✓			✓							✓

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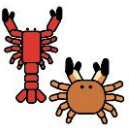
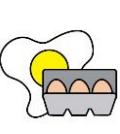
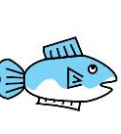
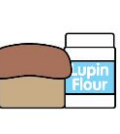



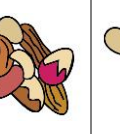
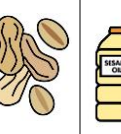
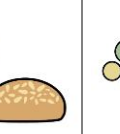
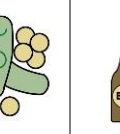

DISHES AND THEIR ALLERGEN CONTENT – SCHOOLS - AUTUMN TERM

DISHES														
Menu 4	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cumberland Pie							✓							
Cheesy Quorn Sausage & Bean Pie		✓		✓			✓							
Roast Turkey & Sage & Onion Stuffing		✓												
Broccoli & Cauliflower Cream Cheese Bake	✓	✓		✓			✓		✓				✓	
Beef Burger in a Bap	✓	✓		✓			✓		✓				✓	✓
Fishcake		✓			✓				✓					
Beef Curry		✓		✓			✓							
Penne Pasta Quorn Bolognese		✓		✓									✓	
Shepherds Pie							✓							
Vegetarian Pie		✓		✓			✓						✓	

Review date:

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DISHES AND THEIR ALLERGEN CONTENT – SCHOOLS - AUTUMN TERM

DISHES														
GENERAL	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Rice														
Naan Bread		✓				✓	✓							
Yorkshire Pudding		✓		✓		✓	✓							
Baked Beans														
Spaghetti Hoops		✓												
Vegetables														
Gravy														
Mashed Potato														
Garlic Bread		✓					✓							
Crusty Bread		✓												
Pasta		✓												

Review date:

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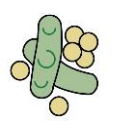
DISHES AND THEIR ALLERGEN CONTENT – SCHOOLS - AUTUMN TERM

DISHES														
DESSERT WK 1 & 2	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sponge Cake		✓		✓										
Yoghurt							✓							
Chocolate Crunch & Pink Custard		✓		✓			✓							
Butterscotch Toffee Fudge Cheesecake		✓					✓							
Black Forest Sponge & Cream		✓		✓			✓							
Raspberry Delight							✓							
Fruit Crumble & Custard		✓					✓							
Cake		✓		✓										
Chocolate Cracknell		✓					✓							
Jelly														
Chocolate Chip Shortbread		✓					✓							

Review date:

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DISHES AND THEIR ALLERGEN CONTENT – SCHOOLS - AUTUMN TERM

DISHES														
DESSERT WK 3 & 4	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Coffee Cake with Vanilla Sauce		✓		✓			✓							
Yoghurt							✓							
Brownie		✓		✓			✓							
Jelly														
Rock Cake		✓		✓			✓							
Strawberry Mousse Sundae							✓							
Sponge & Custard		✓		✓			✓							
Cookie		✓		✓			✓							
Fudge Fingers		✓					✓							
Strawberry Mousse							✓							
Orange Drizzle Cake & Cream		✓		✓			✓							

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