



Boreatton Park		Pro	ovisional Activity Programme Temple Grafton CE Primary School					
PGL Booking Ref		AU1500 6667			PGL Group Leader			
Meeting Point					Duty Mobile			07764 633501
	Group	Friday	Group	Saturday	Group	Sunday	Group	Monday
Breakfast								
			1	Jacobs Ladder 1*	1	Zip Wire 3		
Session 1			2	Jacobs Ladder 2*	2	Archery 1		
-			3	Zip Wire 3	3	Jacobs Ladder 1*		
09.20 - 10.50								
			1 2	Jacobs Ladder 1*	1	Archery 1		
Session 2	Ι,			Jacobs Ladder 2*	2	Zip Wire 3 Jacobs Ladder 1*		
11.00 - 12.30	- F	Arrive on Centre		Archery 3	3	Jacobs Ladder 1.		
Lunch								
	1	Giant Swing 1	1	Raft Building 1A**				
Session 3	2	Challenge Course 1	2	Raft Building 1B**				
-	3	Giant Swing 2	3	Raft Building 2A**	De	part from Centre		
14.10 - 15.40								
	1	Challenge Course 1	-4	De A Duildin - 4 A PP				
Courses d	2	Challenge Course 1 Giant Swing 1	1 2	Raft Building 1A** Raft Building 1B**				
Session 4	3	Challenge Course 2	3	Raft Building 2A**				
15.50 - 17.20		challenge course z		Nanc building 2A				
Dinner								
Shop times								
Evening		Campfire		Flag Games				



	FRIDAY	SATURDAY	SUNDAY			
1 125	Breakfast	Breakfast	Breakfast			
	Choice of three cereals with semi-skimmed milk	Choice of three cereals with semi-skimmed milk	Choice of three cereals with semi-skimmed milk			
	Assorted yoghurts	Assorted yoghurts	Assorted yoghurts			
	White and brown toast with preserves	White and brown toast with preserves	White and brown toast with preserves			
199	Fresh fruit	Fresh fruit	Fresh fruit			
	Porridge oats with cinnamon and brown sugar	Porridge oats with cinnamon and brown sugar	Porridge oats with cinnamon and brown sugar			
eals	Grilled sausages Baked beans Baked hash browns Vegetarian sausages (V)	Grilled bacon Mushrooms Spaghetti in tomato sauce Vegetarian sausages (V)	Grilled sausages Scrambled egg Baked beans Vegetarian sausages (V)			
. 5	Lunch	Lunch	Lunch			
1 9	Home-made soup served with a choice of breads	Home-made soup served with a choice of breads	Home-made soup served with a choice of breads			
	Baps and baguettes bar with a choice of hot and cold filings accompanied by crisps and a selection of salads Fresh fruit, fruit squash, fresh water, tea and coffee available with all meals	Spicy beef or quorn burritos served with nachos, rice and yoghurt Jacket potato with hot and cold fillings and a selection of salads Fresh fruit, fruit squash, fresh water, tea and coffee available with all meals	Burger In a bun bar Turkey-burger or bean-burger served with tomato relish chips and peas and a selection of salads Fresh fruit, fruit squash, fresh water, tea and coffee available with all meals			
	Dinner	Dinner	Dinner			
-	Chef's soup of the day	Chef's soup of the day	Chef's soup of the day			
	Battered fish served with lemon wedge	Meatbails in tomato sauce Battered chicken chunks	Roast beef served with Yorkshire pudding			
	Pan-seared pork loin	Goats cheese tart and roast	Shepherd's ple			
	Vegetable moussaka (V)	vegetables(V)	Vegetable stew with pearl barley and dumplings (V)			
	Garden peas, carrots, potato wedges, savoury rice and a selection of salads	French beans, sweetcorn, pasta, potato croquettes and a selection of salads	Baby carrots, sautéed cabbage, new potatoes and a selection of salads			
	Belgian waffle with toppings	Lemon drizzle cake	Flapjack			

Boreatton Park 18th – 20th September 2015

Activities:

- Zip Wire
- Challenge Course
- Raft Building
- Giant Swing
- Jacob's Ladder
- Splash/Camp Fire/Flags
- Archery

Staffing:

Mrs Gray, Mrs Yorke, Mrs Staples-Grantham and Mr Strangwood

Torch

An extremely handy piece of equipment.

What do we need to pack?

You should come to school in your travelling clothes. Please see the packing list on the back of the sheet. You should bring **old** clothes that you do not mind getting wet and muddy. Your clothes will get wet on the raft building activity so please bring a strong plastic bag to pack them for the return journey.

<u>Cameras</u>

Please be aware that you will carry this at your own risk and will be fully responsible for it at all times. Disposables are best.

What NOT to bring

- Mobile phones
- Electronic games
- Kindles or iPads
- Hairdryers/irons
- Jewellery
- Expensive or valuable clothing
- Jeans
- Monev

IMPORTANT REQUEST

PLEASE PUT YOUR NAME ON <u>ABSOLUTELY</u> <u>EVERY SINGLE ITEM</u> THAT YOU BRING WITH

you

Meals

We will arrive in time for lunch on Friday, so no packed lunch is required. Meals at PGL (where we will always sit as a school group) are cafeteria style with plenty of healthy choices. You will be expected to clear and wipe down your table, so get practising!

Emergencies

We will have emergency contact details with us should the need arise. We are attaching a directions sheet in case you do need to collect your child. The phone number for Boreatton Park is on the bottom of the directions sheet. This number should only be used in the case of an emergency and is not intended for general contact.

Medication:

Please ensure that any medication that you need is in a clear plastic bag, labelled with correct dosage and handed to Mrs Gray on Friday morning.

Travel Times

Boreatton is approximately 2 hours from Temple Grafton. We will be leaving school between 9:30 and 10:00 a.m. on Friday and should have returned by 4:00 p.m. on Sunday; a group text will inform you of our ETA once we have a view on the traffic. On arrival we will meet our group leader, have a health & safety talk and be given a tour of the centre.

Luggage

One piece for kit and clothing (wheely is good) which you will need to be responsible for carrying. A small back-pack for carrying a water-bottle and essential travel items i.e. a book, game cards, <u>sweets</u> for your teachers...

Packing List

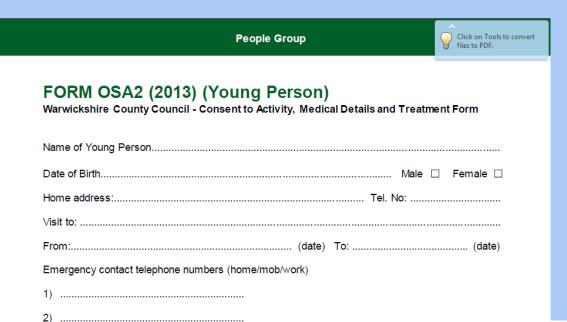
- Underwear x4 sets
- Long socks
- Long sleeved tops/ T-shirts
- Long trousers (not jeans)
- Shorts
- Sweatshirts/fleeces
- Old trainers x2 pairs (one pair will get wet)
- Pairs of shoes for indoors
- Pyjamas/ nightdress x2
- Sponge bag + toiletries (shampoo and soap/shower gel)
- Towel x2 (showering towel & small hand-towel)
- Waterproof jacket (and trousers if you have them)
- Strong plastic bag for soggy clothes. Plastic 'Bags for Life' are ideal
- Carrier bag for dirty laundry
- SUNTAN LOTION & SUN HAT

You should allow for four full changes of clothes

A set to travel in

- A set to wear when doing the activities
- A set for evening entertainments

Two spare sets of clothes for emergencies



3)

Name, address and tel, no, of own doctor.....

CONSENT TO MEDICAL TREATMENT

I,(YOUR NAME IN BLOCK CAPITALS PLEASE) agree to my son/daughter receiving any emergency or other medical treatment as deemed urgent, necessary and/or in the best interest of my son/daughter by the medical authorities present. This includes dental, medical or surgical treatment, the use of anaesthetic's or blood transfusion. I also agree to the release of relevant and necessary medical information to educational establishment staff by the GP if circumstances are deemed necessary and appropriate.

FOR OVERSEAS VISITS

Spanish / Español

Autorizo a las autoridades médicas que estén presentes a practicar a mi hijo/hija cualquier tratamiento de urgencia u otro tratamiento médico que se considere urgente, necesario o recomendable. La autorización se extiende a tratamientos dentales, médicos y quirúrgicos, a la aplicación de anestesia y a la transfusión de sangre.

Autorizo igualmente la difusión de la información médica pertinente y necesaria al plantel del establecimiento de educación por parte del médico si las circunstancias lo justifican.

French / Francais

Je suis d'accord pour que mon fils/ma fille bénéficie de tout traitement médical d'urgence ou autre considéré comme urgent, nécessaire et/ou dans le meilleur intérêt pour mon fils/ma fille par les autorités médicales présentes. Ceci comprend les traitements dentaires, médicaux ou chirurgicaux, l'utilisation d'anesthésiques ou de transfusion sanguine.

Je donne également mon accord pour la diffusion d'information médicale importante et nécessaire au personnel d'établissement éducatif par le médecin traitant si les circonstances sont jugées nécessaires et appropriées.

Gorman / Doutech

Additional PGL Information

Dear Parents

We will inform you of the party's safe arrival at <u>Boreatton</u> and also again on the way home when we have an ETA for Temple Grafton. Please ensure that your mobile contact details are upto-date and that you are here in plenty of time to meet your (very tired) child. If somebody else is collecting your child, please inform us in writing before the trip.

We shall be taking some <u>Piriton</u>, child's ibuprofen and insect repellent with us. If you are happy for an adult to administer this to your child, please indicate on the slip below.

Many thanks.

Mrs Gray

Child's Name

I do / do not give consent for my child to receive Piriton, Calpol / child's ibuprofen/ insect repellent if necessary.

Signed-

— Date —

What now?

Complete medical forms

- Ensure we have your current mobile
 number
 - Pack with your child
 - Teddies travel free of charge ;-)
 - Enjoy the break!

